
Co-Chairs: J. Scott Tonigan & John F. Kelly

In 1993 a seminal monograph supported by the NIAAA was published that highlighted scores of critical questions about the efficacy, effectiveness, and presumed causal model underlying Alcoholics Anonymous (AA; McCrady & Miller, 1993). This monograph has served as a blueprint for a majority of the NIH-funded AA research for the past 25-years.

This satellite session will celebrate the 25th anniversary of this monograph by first summarizing the significant strides that have been made in our understanding of AA since 1993 followed by disseminating new findings that highlight future directions for mutual-help research. Related, this workshop will also describe recent efforts to investigate non-12 step mutual-help programs.

This one-day satellite session is intended for “aspiring” mutual help investigators (pre and postdoctoral), investigators already supported to study mutual-help programs, and scientists conducting behavioral-intervention research.

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Invited Speakers

George F. Koob: Director, National Institute on Alcohol Abuse and Alcoholism, Welcoming Remarks.

Keith Humphreys: Esther Ting Memorial Professor, Stanford Health Policy Associate, Stanford School of Medicine.

John F. Kelly: Elizabeth R. Spallin Associate Professor of Psychiatry in Addiction Medicine, Harvard Medical School, Center for Addiction Medicine.

Sarah Zemore: Senior Scientist, Center Associate Director, T-32 Training grant director, Alcohol Research Group.

Christine Timko: Professor of Psychiatry, Stanford University, Research Career Scientist, VA Palo Alto Health Care System, Menlo Park, CA;.

J. Scott Tonigan: Research Professor, Center on Alcoholism, Substance Abuse and Addictions, Department of Psychology, University of New Mexico.

Amy R. Krentzman: Assistant Professor, School of Social Work, University of Minnesota.