

VIRTUAL PERUVIAN COOKING CLASS

THURSDAY, SEPTEMBER 30, 2021

7:00 PM-8:30 PM via ZOOM

SUPPLY LIST

INGREDIENTS:

3 OUNCES OF PISCO (IF YOU DO NOT HAVE PISCO, YOU CAN USE WHITE RUM OR VODKA)

5 ICE CUBES

1 EGG WHITE

8 LIMES

1 OUNCE OF SIMPLE SYRUP

150GR OF FISH FILET (Without Skin and Bones)

1 MANGO

1 CORN

1 LEAF LETTUCE

1 SWEET POTATO

2 ORANGES

1 CINNAMON STICK

1 RED ONION

1 DASH SALT

1 SPRIG OF FRESH CILANTRO

1 SPRIG OF GREEN ONION

3 TABLE SPOONS OF SUGAR

1 TEASPOON GRATED GINGER

1 TEASPOON GRATED GARLIC

1 SPOON OF LIGHT SOY SAUCE

1 SPOON OF SESAME OIL

1 SPOON OF OYSTER SAUCE

1 CHILLI HABANERO (OPTIONAL)

SUPPLIES:

2 SMALL POTS, 2 SMALL BOWLS, 1 CUTTING BOARD, 1 JIGGER, 1 KNIFE, 1 BLENDER, 1 GRATER.

Attendees must provide their own ingredients.

All net revenue will be donated to Water for People, who bring safe access to clean water sanitation to developing countries.